



Card name : Sustaining Spirit

Mana Cost : 1

Types : Creature - Angel Spirit

*** Card Text :** Cumulative upkeep 1
(At the beginning of your upkeep, put an age counter on this permanent, then sacrifice it unless you pay 1.
Damage that would reduce your life total to less than 1 reduces it to 1 instead.

P/T : 0 / 3

Expansion : [Alarces](#)

Rarity : Rare